



Your sponsorship of a Wilderness Heals hiker makes a difference in the lives of homeless individuals and families as they overcome domestic violence, substance abuse and mental health issues.

Every summer, women from all over New England depart on a mountain journey to help individuals and families in need. Some will find this three-day hike through New Hampshire's White Mountains relatively easy and others will struggle—but all will change themselves and the lives of others. Each hiker's goal is to raise at least \$1,500 for the adults and children served by the Elizabeth Stone House and they need your support!

The Elizabeth Stone House helps homeless individuals and families throughout Greater Boston rebuild their lives after experiencing domestic violence, substance abuse and mental illness. The Stone House provides residential and non-residential programs and services, as well as an emergency shelter for those who are in immediate need.

As the Stone House's largest fundraiser, Wilderness Heals raises crucial, flexible funding that helps meet the needs of the families served.



- \$50** provides an individual with safe shelter for one night.
- \$100** allows an adult to use public transportation to attend school or a job training program for more than one month.
- \$150** pays for linens, blankets and a mattress cover for one individual in shelter.
- \$250** pays for one month of scheduled service coordination and education, housing and employment counseling for one individual.
- \$500** provides toiletries and personal hygiene supplies to all shelter residents for one year.

## Sponsorship Commitment

**Yes, I support the Elizabeth Stone House and those hiking to help homeless individuals and families rebuild their lives after experiencing domestic violence, substance abuse and mental health issues.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

**Enclosed is my sponsorship of \$ \_\_\_\_\_ . I am sponsoring:**

Hiker Name \_\_\_\_\_

Contributions are tax-deductible. Make checks payable to the **Elizabeth Stone House** and return with this form to the hiker listed above or mail to:  
**Elizabeth Stone House, Attn: Wilderness Heals**  
**P.O. Box 300039, Jamaica Plain, MA 02130**

**Pay by Credit Card**     MasterCard     Visa     Amex     Discover

Name on card \_\_\_\_\_

Card number \_\_\_\_\_

Exp. Date \_\_\_\_\_

Billing address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

**Donate online at: <http://wildernessheals.elizabethstone.org>**

**My company matches charitable contributions.** (Please include the company's matching gift form.)

Company Name \_\_\_\_\_

**Wilderness Heals will be held  
 July 15-17, 2016 in New Hampshire's White Mountains.**